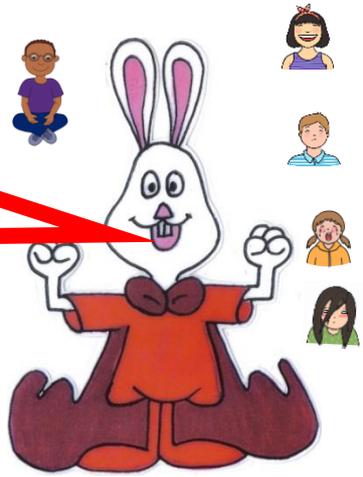


Listening and Empathy



When you use this learning muscle you....

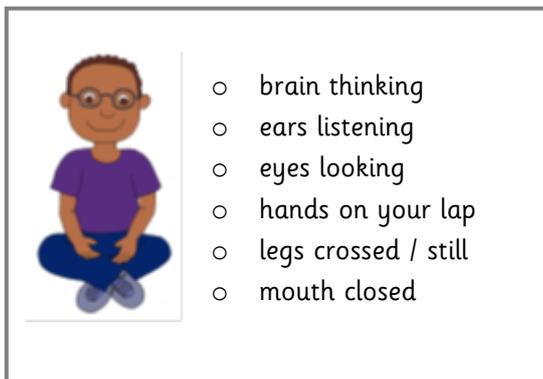
- Show you are listening with eye contact and body language
- Reflect back the main points someone has said
- Hear feelings and thoughts behind someone's words.
- Put yourself in other people's shoes

Our aim is to teach the children to be active listeners and to be aware of others

We are always asking our children to listen carefully. We ask them to listen to stories, listen to the teachers, listen to each other and listen to all sorts of sounds and music. We give them lots of information by talking to them, explaining things, asking questions, telling stories and giving instructions. Circle time is a great opportunity to model listening. It can be helpful for whoever is speaking to hold/ use a 'magic microphone' or special toy.

• Active listening

- using lollysticks
- learning partners



Face the person you're talking to

Take turns to talk

Respond appropriately (not interrupting)

Ask relevant questions

Find out more detail (not repeating)

• Empathy

Young children need to be able to recognise and talk about their own feelings before they can start to recognise them in others. They are only likely to be able to empathise within their own range of experience or with something that they can begin to imagine. So helping young children to develop the capacity to empathise will involve a lot of work around recognising and understanding their own feelings first.

- Able to describe own feelings and those of others**
- Able to remember / reflect on own feelings**
- Identify / remember comforting action and reapply**
- Display appropriate emotion**
- Understand different levels of emotional response**
- Aware of how other people might be feel or be feeling**

- Look at her face and listen to her voice , how do you think she is feeling? What might have made her feel angry/sad/happy/scared?
- How do you think she might have felt when you said that?
- Can you put yourself in his shoes?
- Why do you think your friend is feeling like that?