

EVFROSINA

The Shape of Breath

Interactive sculptures and paintings
exploring motion, balance, and breath

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(Interactive sculptures and paintings exploring motion, balance, and breath)

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Everything flows. Everything breathes.

EVFROSINA creates a world where motion is meaning.

Her sculptural language explores the connection between energy, form, and the human body — a body that remembers ancient symbols, responds to rhythm, and communicates beyond words.

Having worked with dancers and performers for years, the artist has developed a unique sensitivity to the nonverbal — to what is felt, rather than said.

Her practice now unfolds through kinetic sculptures and painting, where balance, resonance, and movement reveal invisible currents of time and consciousness.

Evfrosina's works draw on sacred archetypes — from spinning tops and nesting dolls to mandalas and prayer wheels.

These familiar, almost childlike forms are reimagined through the lens of quantum physics, Daoist thought, and contemporary art.

At the heart of her practice lies the belief:

inner harmony is the true axis of stability in a world of shifting sands.

IFALLIL & i-YA

In this series, Evfrosina introduces the core figures of her artistic universe — Ifallil and i-Ya, two archetypes of movement and being.

Ifallil, whose name echoes “I fall in love”, is a joyful being in a state of constant return.

Balancing on a sphere, this kinetic sculpture embodies inner resilience — the quiet strength to rise again and again, no matter the surrounding turbulence.

i-Ya is the feminine counterpart — grounded, wise, and elemental.

Her long braid connects her to the earth like roots to a tree.

She dances between heaven and ground, a healer, a force of nature, a silent echo of Shantideva's wisdom:

“If I conquer my mind, what else needs conquering?”

These works are not just kinetic — they are meditative.

They spin, not to entertain, but to restore.



i-Ya, candy
kinetic sculpture, 2022
fiberglass, steel h 25x16x12 cm.
manual assembly
edition 30 + AP
[See Ifallil in motion](#)



Ifallil gradient
kinetic sculpture, 2024
fiberglass, steel, h 30x2x12 cm
manual assembly
edition 30 + AP
[see Ifallil in motion](#)



Ifallil chameleon
kinetic sculpture, 2024
aluminum, steel, h 50x27x26 cm
manual assembly
edition 12 + AP
[see Ifallil in motion](#)



Ifallil candy
kinetic sculpture, 2024
aluminum, steel, h 50x27x26 cm
manual assembly
edition 12 + AP
[see Ifallil in motion](#)



Ifallil candy
kinetic sculpture, 2024
aluminum, steel, h 50x27x26 cm
manual assembly
edition 12 + AP
[see Ifallil in motion](#)



i-Ya, metal
kinetic sculpture, 2024
aluminum, steel h 53x23x23 cm
manual assembly
edition 12 +AP
[see Ifallil in motion](#)



i-Ya, metal
kinetic sculpture, 2024
aluminum, steel h 38x25x25 cm
manual assembly
edition 12 +AP
[see Ifallil in motion](#)

CIRCLES

(kinetic bas-reliefs)

In Circles, Evfrosina explores the geometry of unity, ritual, and resonance. The circle — a sacred form across cultures — holds within it the idea of completeness, return, and timeless flow. Each composition begins from a central point — a silent pulse, from which movement unfolds. Inspired by the ancient dance of khorovod, these kinetic reliefs become rituals of collective vibration. Braided figures revolve in synchrony, cleansing the space through rhythm, each one unique, yet part of a shared cycle. The circle turns — not as a spectacle, but as a quiet affirmation of connection.



The moon dance
kinetic sculpture, 2022
composite, oil D 120x6 cm
steel kinetic device
edition 8+AP
[see the circle in motion](#)

Le Sacre du Printemps

A circular bas-relief inspired by Nijinsky's ballet. Twelve pairs of figures engage in a ritual dance, forming a vortex of renewal and sacrifice.

Echoing ancient solar symbols, the composition links human movement to cosmic cycles



Le Sacre du Printemps
kinetic sculpture, 2022
composite, oil D 150x6 cm
steel kinetic device
edition 8+AP
[see the circle in motion](#)

The moon dance

A circular bas-relief where bodies float like moonlight — soft, unsynchronized, yet bound by a common rhythm.

A dance of gravity and release, echoing orbits and the breath of water.



**The moon
dance**

Kinetic sculpture, 2022
Composite, oil D 120x6 cm
Steel kinetic device
Edition 8+AP
[See the circle in motion](#)



Swimmers

wall sculpture, 2021
clay, oil, panel D 90 cm
piece unique



Women in waiting

wall sculpture, 2021
clay, oil, panel D 90 cm
piece unique

DROPLETS

A single droplet contains the whole sky.

In Japanese aesthetics, haiku does not speak of the past or the future — only of the fleeting present.

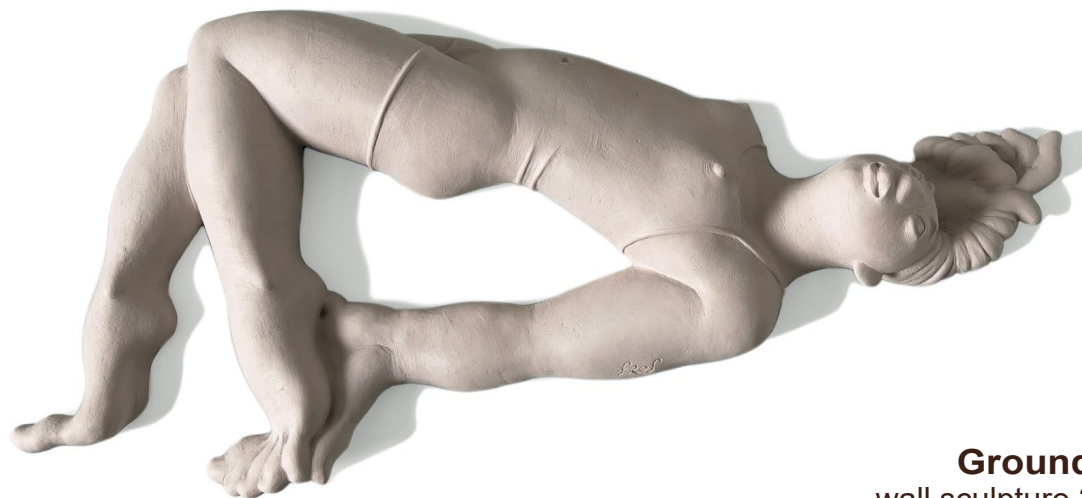
The Droplets series captures these ephemeral fragments — sculptural haiku composed of movement, silence, and breath.

Each work is a crystallized moment.

Brief, fragile, yet complete in itself.

They do not demand attention — they invite contemplation.

These forms reflect a quiet presence:
joy without noise, rhythm without sound,
a universe held inside a single gesture.



Point of view
wall sculpture 2022
composite, oil
65x35 cm
edition 11+AP

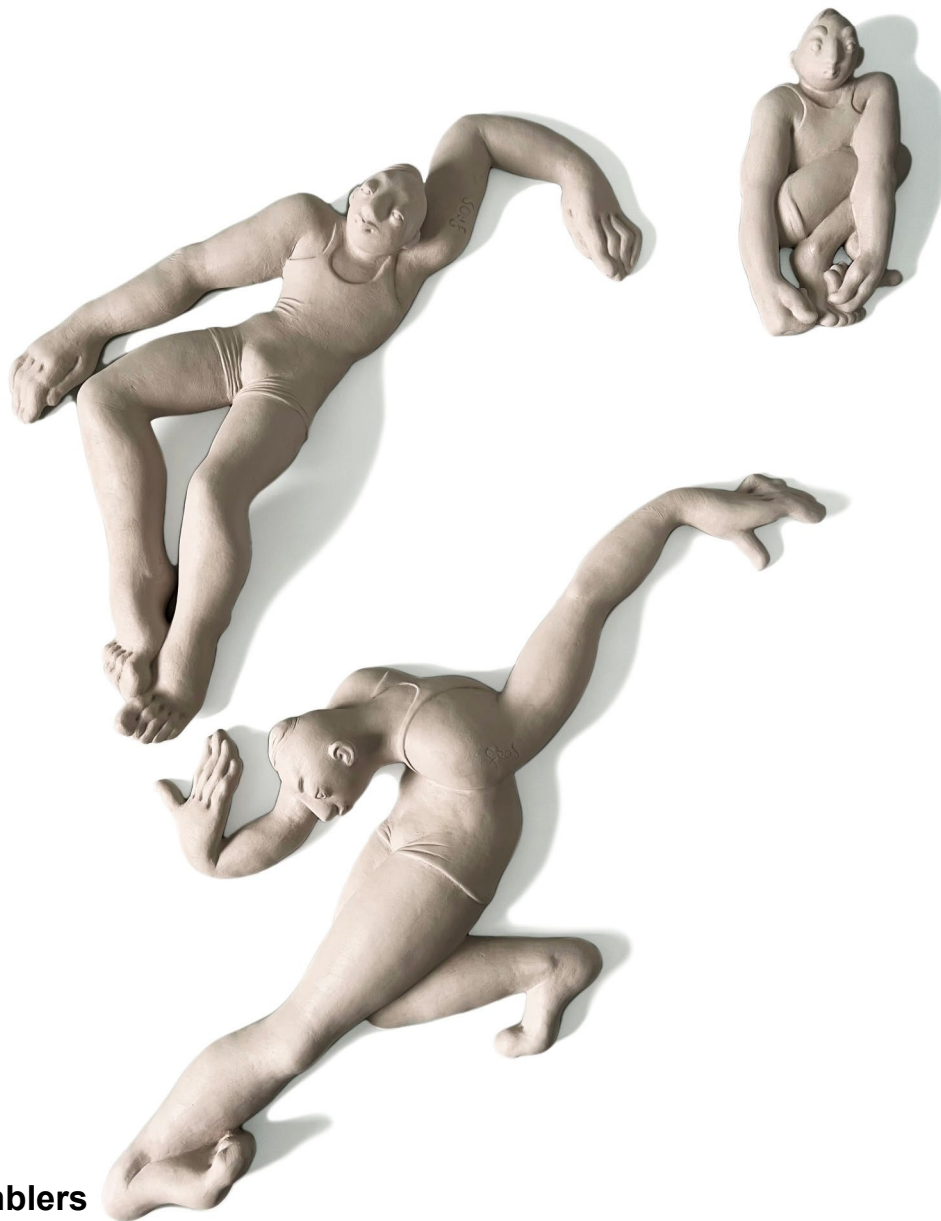
Grounding
wall sculpture 2022
composite, oil
45x85x10 cm
23x67x9 cm
16x54x9 cm
edition 11+AP



Droplet
wall sculpture 2022
composite, oil
103x16x9 cm
edition 11+AP



Run
wall sculpture 2022
composite, oil
110x80x9 cm
edition 11+AP



Gamblers

wall sculpture 2022
composite, oil
72x63x8 cm, 63x63x10 cm, 29x17x18 cm
edition 11+AP



Procession

wall sculpture 2022
composite, oil
120x90x9 cm
edition 11+AP

CAREFREE WANDERING

An interactive art project about perception, freedom and time

*Improvisation as a method.
Rotation as a form of thought.*

This series unfolds as a journey without a map. It consists of six kinetic circles and a sequence of static squares, offering two contrasting modes of perception — fluid and fixed. The viewer becomes a participant: by rotating each circle, they change the perspective, the entry point, even the narrative. The image is never still — it transforms, breathing in response to motion. Like in Borges' labyrinths, time unravels, and the logic of sequence dissolves. At the center of each circle is a still point — the source, the quantum core, simultaneously in all states. The dancing figures resemble calligraphic strokes — fluid, intuitive, alive. Inspiration draws from Taoist flow, quantum dance, and freestyle movement. The work captures the spontaneity of energy: a visual echo of how memory reshapes the past with each new glance. There is no fixed perspective here. The viewer's gaze is free — the artwork is never the same twice.



Entropic Drift

A shift, almost invisible: not a flaw,
but a flicker.
Memory trembles, logic blinks —
something beautiful slips in.
Soft doesn't mean weak —
it means sensitive to change.
Error doesn't mean wrong —
it means unexpectedly alive.



Entropic Drift

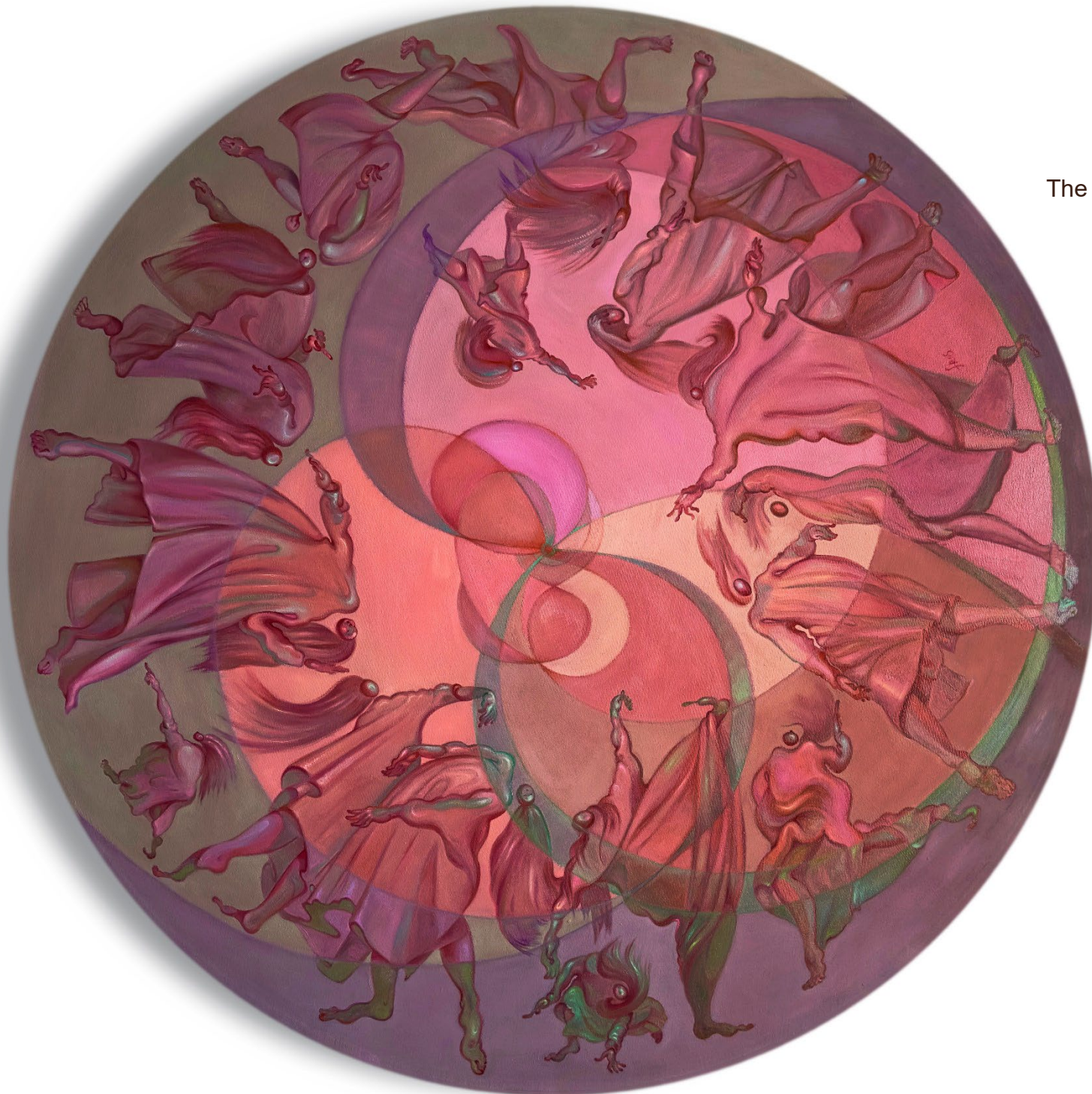
kinetic painting

2025

oil on canvas, D 120cm

steel manual rotation system

[see the circle in motion](#)



Ifall∞Ifly

I fall — not downward, but inward
through the loop
where thought becomes movement.
The body remembers what the mind forgets:
a spiral is also a return.
Bodies rotate within memory loops.
This is not gravity — it's recurrence.
The ∞ isn't just a symbol:
it's the moment when motion
becomes knowledge.

Ifall∞Ifly
kinetic painting
2025
oil on canvas, D 120cm
steel manual rotation system
[see the circle in motion](#)

Feedback Loop

Did the echo begin, or follow?
A whisper becomes a shout in time.
Round and round — the thought returns,
not to repeat, but to deepen.
The system listens to itself.
Correction becomes creation.
The answer loops into the question.



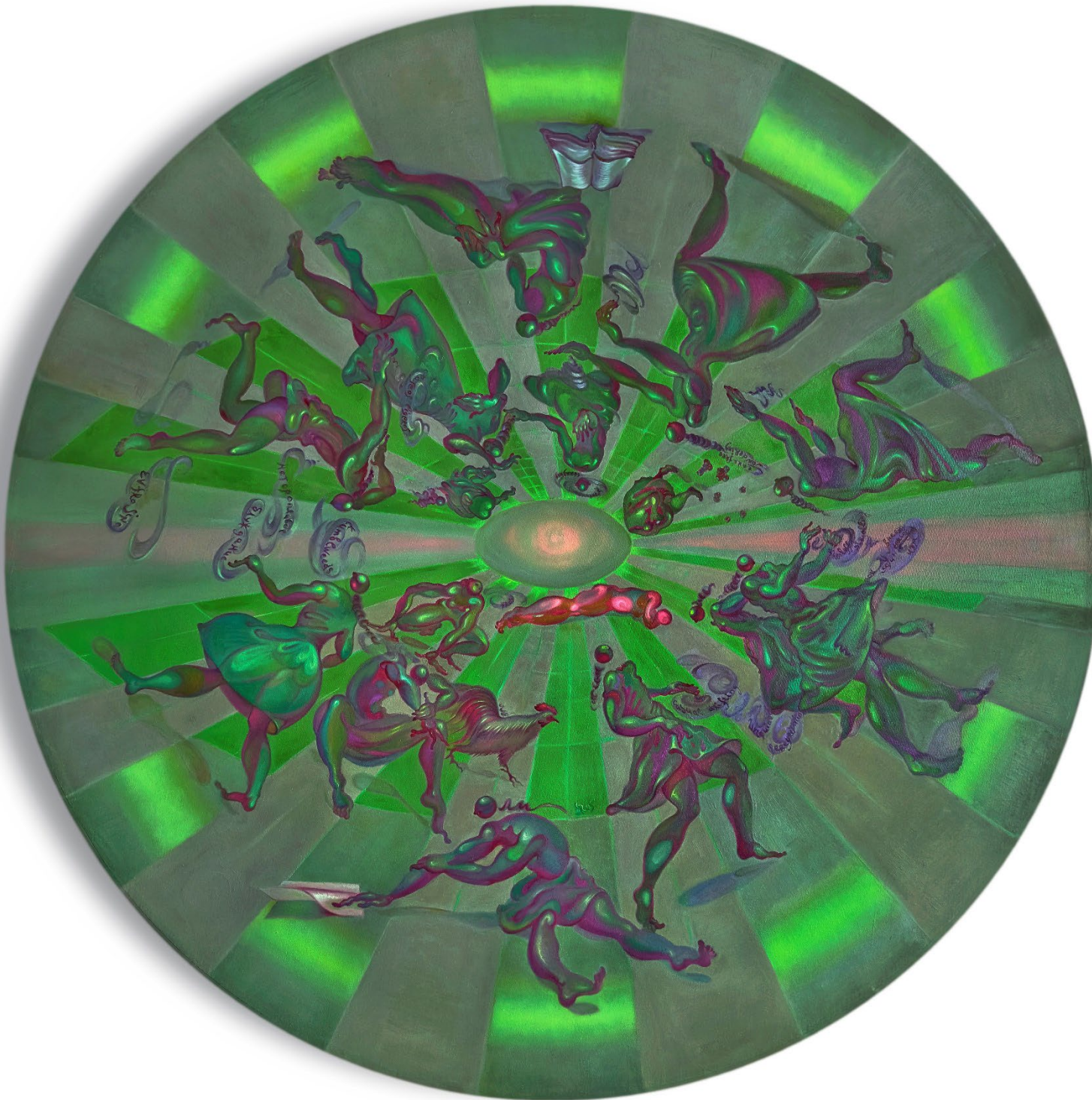
Feedback Loop

kinetic painting

2025

oil on canvas, D 120cm
steel manual rotation system

see the circle in motion



Grace of Failure

In falling, I find form.
Precision isn't perfection —
but the poise between risk and release.
Nothing graceful was ever safe
. Failure is fertile.
It carves the negative space
where surprise takes root.

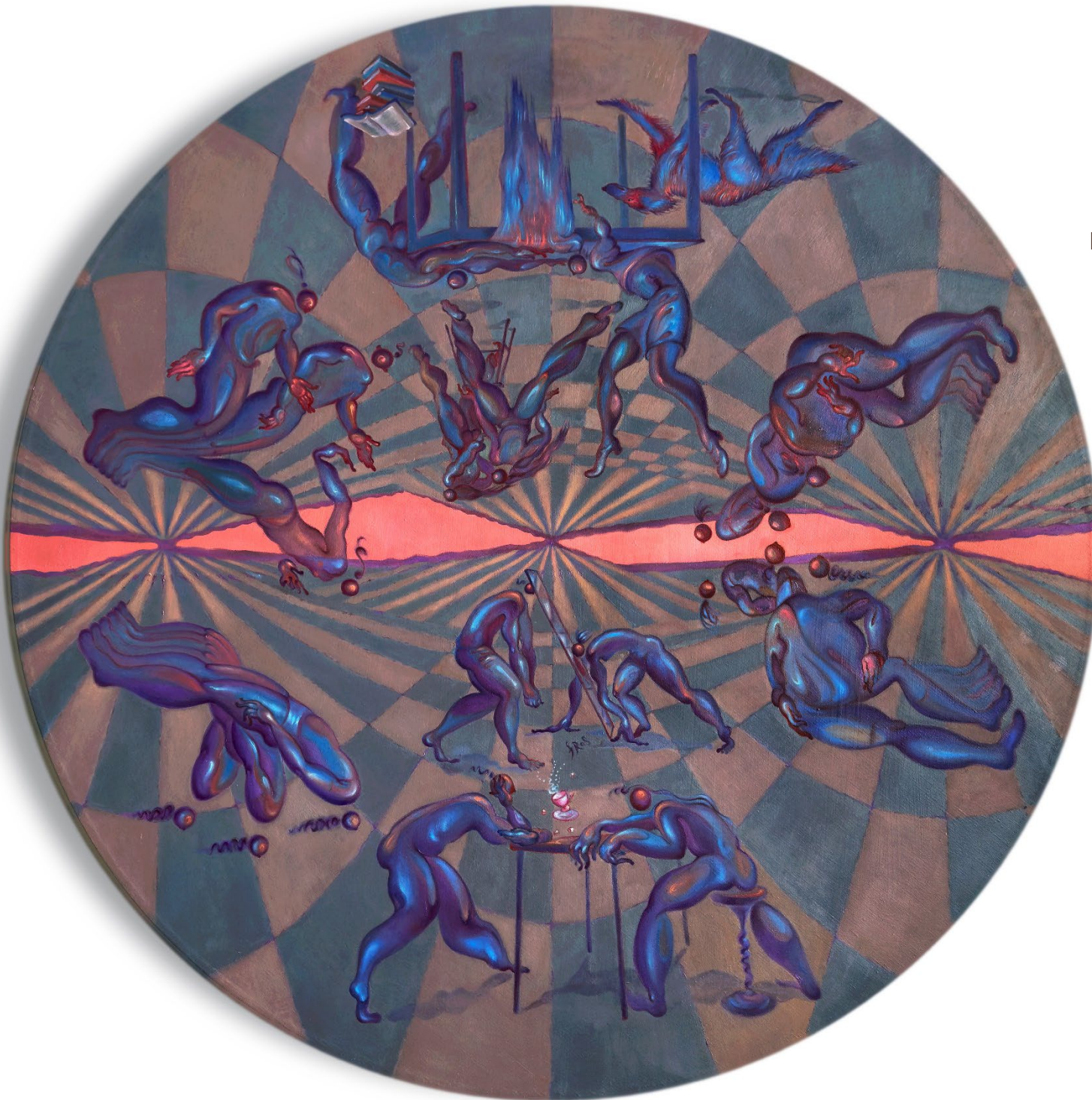
Grace of Failure
kinetic painting
2025
oil on canvas, D 120cm
steel manual rotation system
[see the circle in motion](#)

Quantum Hinge

Every turn holds tension,
a threshold flexing with uncertainty.
The axis doesn't break — it decides.
There is no stillness in the real.
A hinge is a commitment to movement.
Quantum: not either-or, but both at once.
Every balance is also a probability.



Quantum Hinge
kinetic painting
2025
oil on canvas, D 120cm
steel manual rotation system
[see the circle in motion](#)



Sync Lost/A Syncope

The world shifts.
Figures tremble, multiply,
fall out of phase —
a new rhythm emerges from within.
Syncope isn't a failure,
but a moment when the known recedes.
Layers of perception loosen,
and the body begins to reassemble

Sync Lost/A Syncope

kinetic painting

2025

oil on canvas, D 120cm
steel manual rotation system

[see the circle in motion](#)

Exercices de style

(squares as a pause of time)

The series is complemented by Exercices de style — square works that capture motion in a moment.

If the circles reflect time's flow, eternal return, and a multiplicity of views, the squares offer stillness, focused gaze, structure.

They recall linear logic, the urge for order in chaos, the desire to fix what slips away.

Their static presence highlights the freedom of the spinning circles — like opposite poles of the same space.

Together, circles and squares form a dialogue between two systems of perception: flow and stillness, change and form.



Premise

2024

oil on canvas

90x90x4 cm



Deviation
2024
oil on canvas
90x90x4 cm



Echo
2024
oil on canvas
90x90x4 cm



Mnemonic Drift

A line of memory, fragment by fragment.

Each form carries a code —
not to be solved, but to be sensed.

A seed phrase of perception:
part gesture, part rhythm, part forgetting.
What connects them is not logic,
but a drifting recall,
like trying to remember a dream
by tracing color with your eyes.



Mnemonic Drift

2024

1. Seed
2. Ripple
3. Fold
4. Split
5. Drift
6. Tangle
7. Loop
8. Blur
9. Merge

oil on canvas 30x30x4 cm

ARTIST STATEMENT

My artistic practice explores perception, motion, and the quiet ruptures within rhythm. I work across painting, sculpture, movement, and text — treating the artwork not as an object, but as a living fragment of a thought in motion. I am drawn to softness, glitches, loops, and asymmetries — moments when attention shifts, and the body begins to reassemble itself. Through kinetic structures, color, vibration, and pauses, I seek to reveal what exists beneath coherence: the instant where form trembles into becoming. My work is not about answers. It is about resonance — with time, with the viewer, with the pulse beneath thought.



BIOGRAPHY

Evfrosina (born in Moscow) is a multidisciplinary artist working across sculpture, painting, and photography. She studied art in Italy, where she immersed herself in the tradition of copying the works of Old Masters. Her exhibition career began in Milan at the Franco Toselli Gallery. In 1999, she returned to Moscow and developed her own distinctive visual language as a photographer. Her photographic projects have been shown at the Moscow Photobiennale, FotoMuseum in Antwerp, and in solo exhibitions in Paris, Barcelona, and Moscow. A collaboration with the fashion house Comme des Garçons was exhibited in 10 major cities around the world. Since 2010, Evfrosina has focused on sculpture and painting. One of her signature creations is Ifallil --- a series of kinetic roly-poly sculptures that explore rhythm, resonance, and embodiment. These works have been exhibited at major international art fairs including Asia Contemporary Art (Hong Kong), Art Shanghai, Art Miami, and Art New York. They are held in private collections across Moscow, Saint Petersburg, Shanghai, Hong Kong, Paris, Sao Paulo, New York, Beirut, Miami, Milan, Dubai, Barcelona, Brussels, and in the Multimedia Art Museum, Moscow. In 2023, a large-scale solo exhibition of her kinetic and multimedia sculptures was held at Erarta Museum in Saint Petersburg. Movement remains the central theme of her practice --- not as repetition, but as transformation. In her own words: "Art is intended to evoke in people a resonance with the vibrations of the universe and to shake off the dusty veil from our ancient memory",

EXHIBITIONS

- 2023 "Moment cinétique", ERARTA Museum, Saint Petersburg (solo)
Boccaro Gallery, Dubai
- 2022 Media center Zaryadye "New nice exhibition. Spring", Moscow
- 2021 "Circle. Tower. Ifallil." BOCCARA ART, CUBE, Moscow (solo)
- 2020 Boccaro Art, Cube, Moscow
Oblong Gallery, Dubai
Boccaro Art Miami Gallery, Miami
- 2018 Art New York, Boca Raton, Boccaro Art
- 2017 Scope Miami Beach, Art Basel Week, Boccaro Art
Art New York, Asia Contemporary Hong Kong, Boccaro Art
- 2014 "Upwards" Ruarts Gallery, Moscow (solo)
- 2013 "Beyond the visible" Gallery Victor Saavedra, Barcelona (solo)
- 2012, 2011, 2010, 2008 Art Moscow, Ruarts Gallery
- 2010 "I loved Mahmud", Evfrosina Lavrukhina & Alexander Arngoldt,
Ruarts Gallery, Moscow
"Singing fish realm", KORPUS 3 Gallery, Moscow (solo)
- 2008 Millionaire Fair '2008, Gallery Boccaro, Moscow
"Aquarius" Gallery Boccaro, Cannas (solo)
China International Gallery Exposition (CIGE) 2008, Beijing, China
"Epos.Eros.Fros." Ruarts Gallery, Moscow (solo)
"Epos.Eros.Fros." Galerie Adler, Paris (solo)
- 2007 "Capriccios", "Titania", The International Photobiennale.
Fashion and Style in Photography, Moscow
"Aquarius", Brothers Lumiere Gallery, Moscow (solo)
- 2006 "Awaking", <ПРОЕКТ_ФАБРИКА>, Moscow (solo)
"Garpastum", "Casanova", The International Photography Month,
Photobiennale 2006, Moscow
- 2005 "Garpastum", project for the opening of the "Garpastum" movie
at the Oktyabr cinema, House of Cinema, Moscow
"Street, Art and Fashion", Contemporary Russian
Photography, Europalia. Russia 2005 Festival,
FotoMuseum Provincie Antwerpen, Belgium
"India", artcafe "Gallery", Moscow (solo)
- 2004 "Pranksters of Beirut", "Paolo Bongia", "Night Watch",
The International Photography Month, Photobiennale 2004, Moscow
"Twelve", Bokovfactory, M.N. Ermolova Museum, Moscow (solo)
- 2003 Photography from the New Russia 1991-2003,
Fotografie Forum International. Frankfurt-on-Main, Germany
"40 Views of an Icon", Comme des Garçons, Moscow,
Paris, London, Tokyo, Milan, Brussels, Madrid
- 2002 "Practicing the Style", The International Photography Month, Paris
Participated at The International Photography Month in Moscow:
Photobiennale 2002
- 2000 "Rivelazioni", The Third International Photography Month in Moscow:
Photobiennale 2000
- 1998 "Dilaram's Mate", Moscow House of the Chess Player, Moscow (solo)
- 1997 Group show, Liliana Magnerò, Rome
- 1996 Group show, Franco Toselli gallery, Milan

Evfrosina

Thank you for your attention to my art work.

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